



'Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.' John 6:35

This weeks bible readings:

1st August: Exodus 16:2-4, 9-15 & John 6:24-35

8th August: 1 Kings 19:4-8 & John 6:35, 41-51

Want to listen to the sermon again? go to ulverstonparishchurch.org/sermons-2/

Please be aware our 10.30am service is Live streamed

Do make use of Church Suite – to check out rotas, indicate your availability, use the address list, etc. – and so that you are aware of what's going on.

You should get email reminders a fortnight before you are on the rota for anything; please let Jen Cox, in the office, know if this isn't happening.



heritage open days



How DID they do that ... in 1866?

FREE TO EXPLORE



Saturday September 18th, 10am-5pm

Join us to explore the rich history of Ulverston Parish Church. Set at the completion of the buildings most extensive renovation in 1866, the day will include displays and talks by heritage craftspeople, with an opportunity for visitors to get hands on!

Family friendly; children's activities, Victorian dressing up, virtual bellringing, refreshments and so much more!



#HODs



www.heritageopendays.org.uk

Caring for the Carers We have established a scheme for offering worn-out 'carers' short restorative retreats at Rydal Hall. We clapped for them – and now we're trying to help in a practical way. The cost of this will be about £20,000, towards which £7,000 has already been raised, and if your churches (or any individuals within them) would like to make a contribution, the account details are: "The Diocese of Carlisle and Sacred Space Caring for the Carers Fund", sort code 30-96-26, bank account number 74754760. Any gift of any size will be very gratefully received.

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'Ulverston Parish Church'
'UPC - Church Family'
'Faith 4 Families'
'Self Isolation Ulverston'



**TOGETHER OR APART
STAY CONNECTED**

We would love to hear from you!

Send your news, encouragements, prayers or pictures to

office@ulverstonparishchurch.org

If you would like prayer you can email prayer@ulverstonparishchurch.org



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SAVE THE DATE



NETWORK
YOUTH CHURCH

**FURNESS NETWORK YOUTH CHURCH
WEEKEND AWAY
4TH- 6TH MARCH 2022**

Pray for preparations. If you can help with planning or come on the weekend get in contact with Ruth at youth@ulverstonparishchurch.org

Look out for more details in the coming months

Welcome to Ulverston Parish Church. We recognise, that, whilst formal restrictions on face masks, social distancing, track and trace and hand sanitisation are no longer required by law, there will be people attending church who have a range of views, anxieties and needs which we wish to respect.

So, we have put into place the following arrangements for your comfort and security:

- Please continue to use the hand sanitiser, this represents general hygiene (even God's people carry germs!)
- Feel free to wear a mask if that makes you feel safe. If you choose not to wear one, please be sensitive to the wishes of others.
- If you feel comfortable sitting with others, can we encourage you to use the open pews in the central aisle, we are retaining the pews in the South aisle for those who wish to remain socially distant.
- The North aisle is set up with tables for families or groups who wish to keep in a bubble for social distancing purposes.
- Our understanding is that the virus is most easily transmitted by air, whilst we are now able to sing, we would encourage you to wear a mask whilst doing so as this will reduce the risk to others.

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